

**SHAMBHUNATH INSTITUTE OF ENGINEERING AND TECHNOLOGY**

**Solution Subject Code: ROE-088**

**Subject: VALUES, RELATIONSHIP & ETHICAL HUMAN CONDUCT – FOR A HAPPY & HARMONIOUS SOCIETY**  
**8<sup>th</sup> semester**

**1<sup>st</sup> Sessional (2019-2020) Computer Science and engineering.**

**SECTION – A**

**1. Attempt all questions in brief.**

**(1\*5 = 5)**

| Q N | QUESTION  | Mark<br>s | C<br>O | BL |
|-----|---|-----------|--------|----|
| a.  | <p>what is human goal?</p> <p><b>Ans.</b> Human Goal</p> <p>1. At the level of the individual=Right Understanding &amp; Right Feeling<br/>                     &gt;&gt;Leads to&gt;&gt; Happiness in every individuals.</p> <p>2. At the level of family &gt;&gt;Leads &gt;&gt; Prosperity in every family</p> <p>3. At the level of the society &gt;&gt;Leads to&gt;&gt;Fearlessness (Trust)</p> <p>4. At the level of the entire nature and existence&gt;&gt;Leads to&gt;&gt;Co-Existence<br/>                     (Mutual fulfilment)</p>  | 1         | 1      | 1  |
| b.  | <p>Where you want to be reach in society?</p> <p><b>Ans.</b> Harmony in Family – Justice, From Family to World Family<br/>                     (Undivided Society)</p> <p>1. Relationship is – between oneself (I<sub>1</sub>) and other self (I<sub>2</sub>)</p> <p>2. There are feelings in relationship – in one self (I<sub>1</sub>) for other self (I<sub>2</sub>)</p> <p>3. These feelings can be recognized – they are definite (9 Feelings)</p> <p>4. Their fulfilment, evaluation leads to mutual happiness</p>  | 1         | 1      | 1  |
| c.  | <p>What is societal order?</p> <p><b>Ans.</b> 1. Trust-To be assured that the other intends my happiness &amp; prosperity.<br/>                     Trust is Foundation Value.</p> <p>2. Respect- Right evaluation (with the basis that the other is like me and we are complementary to each other)</p> <p>3. Affection-Acceptance of the other as one’s relative</p> <p>4. Care - Responsibility &amp; commitment for nurturing and protecting the body of one’s relative.</p> <p>5. Guidance-Responsibility &amp; commitment for ensuring Right Understanding and Right Feeling in the self (I) of one’s relative</p> <p>6. Reverence-Acceptance for Excellence.</p> <p>7. Glory-Acceptance for those who have made effort for Excellence.</p> | 1         | 2      | 2  |

|    |  |   |   |   |
|----|--|---|---|---|
|    | <p>8. Gratitude-Acceptance for those who have made effort for my Excellence.</p> <p>9. Love-The feeling of being related to all Complete Value.</p>  |   |   |   |
| d. | <p>Define system or dimension required for realizing human goal.</p> <p><b>Ans.</b> Comprehensive human goals are right understanding, prosperity, fearlessness and co-existence. Programs needed to achieve the comprehensive human goals are:</p> <ol style="list-style-type: none"> <li>1. Education – Right Living (Siksha – Sanskar)</li> <li>2. Health – Self Regulation (Svasthya – Sanyam)</li> <li>3. Justice – Preservation (Nyaya – Suraksha)</li> <li>4. Production – Work (Utpadan – Kriya)</li> <li>5. Exchange – Storage (Vinimaya – Kosh)</li> </ol> | 1 | 2 | 2 |
| e. | <p>Define basic aspiration of human being.</p> <p><b>Ans.</b> Our basic aspirations are happiness (mutual fulfillment) and prosperity (mutual prosperity). Happiness is ensured by the relationships with other human beings and prosperity is ensured by working on physical facilities.</p>  | 1 | 1 | 1 |

### SECTION – B

2. Attempt any **TWO** of the following.

(2\*5 = 10)

| Q N | QUESTION  | Marks | CO | BL |
|-----|---|-------|----|----|
| a.  | <p><b>Explain</b> human being- human relationship at society level.</p> <p><b>Ans. ANS.</b> There are certain basic and important values in maintaining relationship. These values, we all know, are the backbone of health and happy family relations. The feelings, emotions, sentiments and respect all are of real importance. These values lead to elimination of friction and establishment of total harmony in relationship on long term basis. Values that are important in any relationship are</p> <ol style="list-style-type: none"> <li>1. Trust: Trust or Vishwas is the foundational value in relationship. <b>“To be assured that each human being inherently wants oneself and the other to be happy and prosperous.”</b> If we have trust in the other, we are able to see the other as a relative and not as an adversary.</li> <li>2. Respect: <b>Respect means individuality.</b> The sense of individuality is prime object. This is the first basic step towards respect (sammana). Once we realized that we are individual then only we can see our self different from others. In other words, <b>respect means right evaluation, to be evaluated as I am.</b></li> <li>3. Affection: <b>Affection is the feeling of being related to the other.</b> Affection comes when I recognize that we both want to make each other happy and both of us are similar.</li> </ol> | 5     | 1  | 3  |

|    |  |   |   |   |
|----|--|---|---|---|
|    | <p><b>4. Care: The feeling of care is the feeling to nurture and protect the body of our relative.</b> Or in other words a state of mind in which one is troubled; worry, anxiety, or concern is called care.</p> <p><b>5. Guidance: The feeling of ensuring right understanding and feelings in the other (my relative) is called guidance.</b> We understand the need of self ('I') for right understanding and feelings. We also understand that the other is similar to me in his/her faculty of natural acceptance, desire of wanting continuous happiness and the program of living in harmony at all the four levels.</p> <p><b>6. Reverence: The feeling of acceptance of excellence in the other is called reverence.</b> When we see that the other has achieved this excellence- which means to understand and to live in harmony at all the levels of living ensuring continuity of happiness, we have a feeling of reverence for him/her.</p> <p>7. Glory: Each one of us wants to live with continuous happiness and prosperity. Each one of us has the similar faculty of natural acceptance, has the same goal and program and we have the same potential to realize this. <b>Glory is the feeling for someone who has made efforts for excellence.</b></p> <p>8. Gratitude: <b>Gratitude is the feeling of acceptance for those who have made efforts for my excellence.</b><br/>Gratitude is an emotion that occurs after people receive help, depending on how they interpret the situation.</p> <p>9. Love: <b>Love is the emotion of strong affection and personal attachment. In other words, love is a feeling of warm personal attachment or deep affection, as for a parent, child, or friend.</b> This feeling or value is also called the complete value since this is the feeling of relatedness to all human beings. It starts with identifying that one is related to the other human being (the feeling of affection) and it slowly expands to the feeling of being related to all human beings.</p> <p>The above mentioned values are the core of all relations. One has to follow all to gain on the day to day problems. These values are intrinsic and available in every person. We need to find out in ourselves and implement. Without implementation, one cannot think of a strong family relation.</p> |   |   |   |
| b. | <p>What part is working and what is not in relationship can be identified by way of a critical appraisal of the present state?</p> <p><b>Ana.</b> Process of behavior-In Me&gt;Human-human relationship&gt; naturally acceptable feelings in relationship&gt;Thought of how to fulfil these feelings &gt;Expression of feelings in behaviour&gt; Self-evaluation of behaviour&gt;Happiness in the Self.</p> <p>In other-Expression of feelings in behaviour&gt; Taste of the behaviour&gt; Estimating, evaluation of the feeling&gt; Based on evaluating it as being a right feeling Happiness in the Self.</p> <p>The base for expressed value is established value. The expression of the nine established values is in the form of these nine expressed values – living with these 18 values leads to continuity of fulfilment</p> <p>When these 9 established values are expressed per the expressed values, the feelings reach to the other in relationship. This is the meaning of expressed values.</p>   | 5 | 1 | 3 |

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|    | <p>Problems, complaints in relationship are due to the absence of any of these 18 values</p> <p>The expressed values connect the established values in one to established values in the other. In absence of these values fear, ego, opposition. Jealously, exploitation, reaction etc</p>   |   |   |   |
| c. | <p>What would be the step for ensuring harmony in the parts which are not working in relationship?</p> <p><b>Ans.</b> The family is the basic unit of human interaction... it is the anchor that roots us... it gives us both roots to hold and wings to fly. It is not surprising that children who grow up in happy families are more successful and well-adjusted in life.</p> <p>There is a set of proposals about the families for us to verify:</p> <ol style="list-style-type: none"> <li>1. Relationship IS and it exists between the self ('I') and the other self ('I')</li> <li>2. The self ('I') has FEELINGS in a relationship. These feelings are between 'I' and 'I'.</li> <li>3. These feelings in the self ('I') are DEFINITE. i.e. they can be identified with definiteness.</li> <li>4. RECOGNIZING and FULFILLING these feelings leads to MUTUAL HAPPINESS in relationship. Now, we will explore into each of the above in details.</li> </ol> <p><b>1. Relationship IS and it exists between the self ('I') and the other self ('I'):</b> Once we have recognized the existence of human relationships, we are subsequently able to identify the feelings (values). When we work and behave according to these feelings, it leads to fulfilment of both sides in the relationship,</p> <p>i.e. it leads to mutual fulfilment. Evaluation is a natural process when we live in relationships and we constantly evaluating ours' and the other's feelings in the relationship. For example, trust is wanted in a relationship and if there is a mutual feeling of trust, then it leads to mutual fulfilment and there are no complaints. But if there is doubt on the other, the happiness in relationship is <b>missing</b>.</p> <p><b>It is not possible to create the relationships that are existent in a family. We are naturally born into this. In a similar way, the family has not invented the social dependencies in which it exists. The family exists naturally as a part of this social web of interdependency. So, we are embedded in relationships, they are there and all that we need to do is to recognize them and understand.</b></p> <p><b>3. The self ('I') has feelings in a relationship. These feelings are between 'I' and 'I': There are feelings in relations naturally. They do not have to be created, nor can we remove them. We may try to suppress them, or argue against them, or undermine them, but they are very much there. These feelings are fundamental to the relationship and can be recognized.</b></p> <p>Let's ask some questions:</p> <p>Question : Who has these feelings? 'I' or body? Answer: 'I'</p> <p>Question : With whom does 'I' have these feelings? With</p> | 5 | 2 | 3 |

|    |  |   |   |   |
|----|--|---|---|---|
|    | <p>the order 'I' or the other body? Answer : With the other 'I'.</p> <p>Here's another question:<br/> Question : Who want trust in relationship? Our Self or body?<br/> Answer : Self want trust.<br/> Question : From whom we want this trust? The other 'I' or Body? Answer : From the other 'I'.</p> <p>This is something we can easily verify ourself, that it is 'I' that wants trust. There is no part of the body that wants trust, no part of the body that wants respect. When we respect someone, we respect the person's 'I', and not their body organs. When we 'trust' someone, it is the person, and not the body. Trust is something to do with the person, the self ('I'). That is to say, the feelings in relationship are between 'I' and 'I'.</p> <p>4. <b>These feelings in the self ('I') are definite. i.e. they can be identified with definiteness.:</b> With little exploration, we can see that feelings in relationships are actually definite, and not vague. These are the values characterizing relationships – e.g. Trust, Respect, Affection, etc. Living with these values, we are able to participate in the right way with other human beings.</p> <p>5. <b>Recognizing and fulfilling these feelings leads to mutual happiness in relationship:</b> Once we have recognized the existence of human relationships, we are subsequently able to identify the feelings (values). When we work and behave according to these feelings, it leads to fulfilment of both sides in the relationship, i.e. it leads to mutual fulfilment. Evaluation is a natural process when we live in relationships and we are constantly evaluating ours' and the other's feelings in the relationship. For example, trust is wanted in a relationship and if there is a mutual feeling of trust, them it leads to mutual fulfillment and there are no complaints. But if there is doubt on the other, the happiness in relationship is missing.</p> <p>To summarize – relationships in a family or in a society are not created, they just are. We can understand these relationships and based upon this understanding, it will be natural to have right feelings (values) in these relationships. These feelings are definite and can be recognized with certainty. We have also seen that recognizing the relationship and having the feelings in relationship is an activity of the self ('I') and not the body. It becomes clear that relationship is between the self ('I') and other self ('I') and the feelings are also between 'I' and 'I'. Mutual fulfillment is the natural outcome of a relation correctly recognized and lived.</p> |   |   |   |
| d. | <p>How one can get recognition in human-human relationship and feeling in relationship?</p> <p><b>Ans.</b> Process of behavior-In Me&gt;Human-human relationship&gt; naturally acceptable feelings in relationship&gt;Thought of how to fulfil these feelings &gt;Expression of feelings in behaviour&gt; Self-evaluation of behaviour&gt;Happiness in the Self.</p> <p>In other-Expression of feelings in behaviour&gt; Taste of the behaviour&gt; Estimating, evaluation of the feeling&gt; Based on evaluating it as being a right</p>  | 5 | 2 | 3 |

|  |   |  |  |  |
|--|---|--|--|--|
|  | <p>feeling Happiness in the Self.</p> <p>In expressing feelings there is a significant role of language, facial expression, body language and gestures</p> <p>When we express through words, when we talk, then language is used. Then our style, our tone, expression etc. communicate our feeling</p> <p>Various facial features, particularly eye positions, are called facial expressions. E.g. raising both eyebrows, smirking and showing the tongue are facial expressions</p> <p>Body postures have to do with posturing the body in a particular manner for expressing something specific. E.g. folding hands, shaking hands and hugging are body postures</p> <p>Gestures are also significant in communication. Placing the body in a particular pose is called gesture. E.g. a dance pose or a salute is gestures</p> <p>These are collectively used in music and dance – for effective communication</p> |  |  |  |
|--|---|--|--|--|

**P.T.O.**

**SECTION - C**

**3. Attempt any ONE part of the following:**

**(1\*5 = 5)**

| Q N | QUESTION  | Marks | CO | BL |
|-----|---|-------|----|----|
| a.  | <p>Define the term established value and expressed value in relationship.</p> <p><b>Ans.</b>Established Values are trust, respect, affection, care, guidance, reverence, glory, gratitude and love</p> <p>Expressed Values are complementariness, transparency, commitment, generosity, spontaneity, obedience, erase, softness and oneness.</p> <p>The base for expressed value is established value. The expression of the nine established values is in the form of these nine expressed values – living with these 18 values leads to continuity of fulfilment</p> <p>When these 9 established values are expressed per the expressed values, the feelings reach to the other in relationship. This is the meaning of expressed values.</p> <p>Problems, complaints in relationship are due to the absence of any of these 18 values</p> <p>The expressed values connect the established values in one to established values in the other. In absence of these values fear, ego, opposition. Jealously, exploitation, reaction etc.</p> | 5     | 2  | 3  |

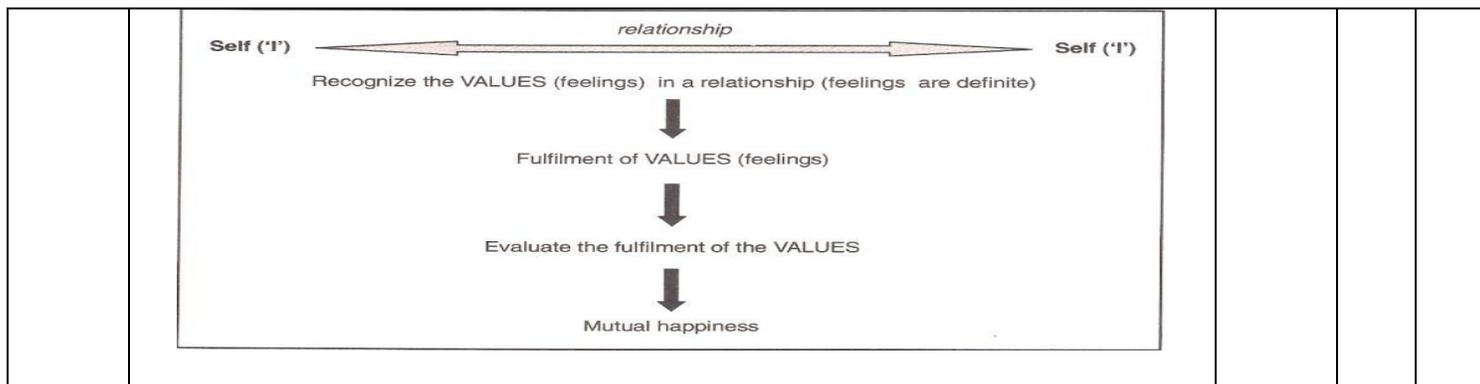
|    |   |   |   |   |
|----|---|---|---|---|
|    |   |   |   |   |
|    | <p>Define various type of relationship and evaluate mutual relationship between them.</p> <p><b>Ans. Seven type relationship-</b></p> <ol style="list-style-type: none"> <li>1. Parent and Child (Mother-Father and Son-Daughter)</li> <li>2. Teacher-Pupil</li> <li>3. Husband-Wife</li> <li>4. Sibling (Brother-Sister, Brother-Brother, Sister-Sister)</li> <li>5. Friend-Friend</li> <li>6. Guide-Colleague</li> <li>7. Societal Relationships (Relationships in Undivided Society and Universal Human Order)</li> </ol> <p>Human behaviour is the manifestation of expressed values on the basis of established values. Otherwise behaviour is inhuman (in the absence of established and/or expressed values)</p> <p>Recognition of relationship has to do with being able to see the co-existence, interconnectedness, interdependence, mutuality of one human being with the other human being</p> <p>Once we recognise relationship, we are able to fulfil the expected feelings in the relationship. Being able to do this is human behaviour; we are able to ensure mutual fulfilment</p> <p>In previous lectures, we have seen that fulfilment of the feelings in relationship means:</p> <ol style="list-style-type: none"> <li>1. To ensure the established values in oneself (from trust, respect.... to love)</li> <li>2. To behave with expressed values (from complementariness... to oneness) in mutual relationship</li> </ol> <p><b>Justice</b> = recognition of relationship, fulfilment of values, right evaluation and mutual fulfilment .Now when we look at this definition, we can see that justice is simple being able to see the co-existence with the other, being able to see the relatedness with the other .Being able to fulfil the established values and expressed values is human behaviour.Justice has to do with right evaluation in relationship and the achievement of mutual fulfilment.</p> |   |   |   |
| b. |   | 5 | 2 | 3 |

4. Attempt any ONE part of the following:

(1\*5 = 5)

| Q N | QUESTION  | Marks | CO | BL |
|-----|---|-------|----|----|
| a.  | <p>Discuss the differentiation relationship of human.</p> <p><b>Ans. Differentiation based on sex/gender:</b> Issue of women's rights, and women protesting and demanding for equality in education, in jobs, and in peoples' representation. People are insecure and afraid of one another based</p> | 5     | 1  | 3  |

|    |   |   |   |   |
|----|---|---|---|---|
|    | <p>on their gender.</p> <p><b>Differentiation based on race:</b> there are many movements and protect against racial discrimination and demands for equality, racial attacks, movements against cast discrimination has people living in fear of such racism, racist attacks, casticism and discrimination.</p> <p><b>Differentiation based on age:</b> Protests and movements demanding for equal rights for children on the one hand and for rights for elderly people on the other, generation gap</p> <p><b>Differentiation based on wealth:</b> Class struggle and movements to do away with class-differentiation. Many people suffering from a lack of self-esteem and some even committing suicide,</p> <p><b>Differentiation based on post:</b> Protests against high handed government officials. At the level of the individual, leads to depression, etc.</p> <p><b>Differentiation based on 'isms:</b> Fights, turmoil, terrorism and war, people converting from one lsm to another in order to be able to get more respect.</p> <p><b>Differentiation based on sects:</b> Countless religions and sects and each sect has its own movement to ensure that there is no discrimination against people of their belief. Demands for special provisions in jobs and in education.</p>  |   |   |   |
| b. | <p>What is justice and how justice leads to culture?</p> <p><b>Ans.</b> Justice is the <u>recognition of values (the definite feelings) in relationship, their fulfilment, the right evaluation of the fulfilment resulting in mutual happiness.</u> Justice concerns itself with the proper ordering of things and people within a society. There are four elements: Recognition of values, fulfilment, evaluation and mutual happiness ensured. When all the four are ensured, justice is ensured. Mutual fulfilment is the hallmark of justice. And justice is essential in all relationships. Justice starts from family and slowly expands to the world family. The child gets the understanding of justice in the family. With this understanding, he goes out in the society and interacts with people.</p> <p>If the understanding of justice is ensured in the family, there will be justice in all the interactions we have in the world at large. If we do not understand the values in relationships, we are governed by our petty prejudices and conditionings. We may treat people as high or low based on their body (particular caste, or sex or race or tribe), on the basis of wealth one possesses or the belief systems that one follows. All this is source of injustice and leads to fragmented society while our natural acceptance is for an undivided society and universal human order. Having explored the harmony in the human beings, we are able to explore the harmony in the family. This enables us to understand the harmony at the level of society and nature/existence. And this is the way, the harmony in our living grows. We slowly get the competence to live in harmony with all human beings.</p> | 5 | 2 | 3 |



5. Attempt any ONE part of the following:

(1\*5 = 5)

| Q<br>N | QUESTION   | Mark<br>s | C<br>O | B<br>L |
|--------|--|-----------|--------|--------|
| a.     | <p>What do you mean by your natural acceptance and experiential validation?</p> <p><b>Ans.</b> Natural acceptance is a mechanism of self exploration. Self exploration is a method to explore ourself. Natural acceptance is process to understand ourself first. Natural acceptance implies <u>unconditional and total acceptance of the self, people and environment</u>. It also refers to the absence of any exception from others. In other words, Natural acceptance is way to accept the good things naturally.</p> <p>Experiential validation is a <u>process that infuses direct experience with the learning environment and content</u>. It may be regarded as a philosophy and methodology in which the direct experience and focused reflection of the individual helps to increase knowledge, develop skill and clarify values. Most of what we know about our self is not only through our own opinion of our self but also because of how others view us When what we already believe to be true of us is validated by some situations, phenomena or outcomes. We may term it as experiential validation.</p>  | 5         | 1      | 3      |
| b.     | <p>Explain the activities of realization and understanding. How do they lead to harmony in the activities of 'I'? Illustrate with an example</p> <p><b>Ans. . Realization:</b> Means <u>to be able to see the reality as it is</u>. In realization, we get the answer to “what is the reality?” This, for each one of us, translates into the answers to “what to do?” and “why to do?” when we operate on the basis of realization and gains understanding according to the realization then it give definiteness and certainty and makes us self organized.</p> <p><b>Understanding:</b> Means <u>to be able to understand the self organization in all entities of nature/existence and their inter-connected organization “as it is”</u>. We are able to see the harmonious interconnectedness at all the levels of our living. Understanding plays an important role in desire making. When we do not have the right understanding, our desire keep shifting, and this indefiniteness is reflected in our thoughts, and selections we make, and finally in our behaviour and work. On the other hand, when our understanding is based on realization and we use this understanding in desire making then our desire will be correct and thoughts and selection will be according to the understanding.</p> <p>These are the two activities in the self ('I') (placed at point 1 and 2 in the figure). When we have (1) realization then (2) understanding becomes according to the realization. When this happens, then (3) imaging or desires get set according to</p> | 5         | 1      | 4      |

this understanding. Consequently, (4) analysis or thoughts become according to the imaging/desires and hence, the (5) expectations or selection/taste are according to the thoughts/analysis. This is called self- organization or svantrata. This leads to happiness and its continuity.

In realization and understanding, we get the answer to “what is the reality?” This, for each one of us, translates into the answers to “what to do?” and “why to do?” Then what remains to find out is “how to do?”, which comes from imagination (activities 3, 4, and 5). Is we see today we are focusing on “how to do?”, without trying to first verify “what to do?” and “why to do?”! It is just like traveling in a comfortable AC vehicle on a smooth road without knowing where we have to go!

